



भारतीय कृषि अनुसंधान परिषद

Indian Council of Agricultural Research

(Ministry of Agriculture and Farmers Welfare)




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Importance of camel milk with medicinal values elucidated on World Milk Day

1st June, 2020, Bikaner, Rajasthan

The ICAR-National Research Centre on Camel, Bikaner, Rajasthan organized a "Virtual Interaction Meet on the occasion of World Milk Day" with the potential consumers of camel milk today.



 Importance of camel milk with medicinal values elucidated on World Milk Day

Dr. R.K. Sawal, Director, ICAR-NRCC highlighted the importance of Camel milk in improving the immune status due to presence of immunoglobulins and other compounds.

During the online interaction, the parents of special children suffering from autism spectrum disorders shared their experiences of improvement in hyperactivity, loss of voice, dribbling of saliva from the mouth, uncontrolled movement, eye contact and increase in weight with use of camel milk therapy for the treatment. The people suffering from Diabetes Type-1 (especially, from Bikaner, Shri Ganganagar, Surat, Mumbai) also shared their success stories of improvement in appetite / thirst, tiredness and eye sight as well reflection of positive change after consuming the camel's milk.

The Camel's milk contains high amount of iron, zinc, copper and Vitamin-C that helps in keeping it fresh for a long time and increases its nutraceutical value that is beneficial for children suffering from milk allergy.

Even after a drastic decline of camel population in 2012 and 2019, the improvement of nearly 30% in the number of female camels shows potential utility of camel for milk as source of livelihood sustenance. This has led the society to adopt a conscious and positive attitude to promote camel milk as dairy business.

(Source: ICAR-National Research Centre on Camel, Bikaner, Rajasthan)

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